

North Sound Behavioral Health Administrative Services Organization

## **Board of Directors**

**Meeting Agenda** 

January 11<sup>th</sup>, 2024

Board of Directors Members Present in Person:

Members Present via MS Teams:

North Sound Behavioral Health Administrative Services Organization (North Sound BH-ASO) Staff Present:

**Guests Present:** 

- 1. Call to Order and Introductions Chair
- 2. Tribal Acknowledgement Chair <u>Tribal Behavioral Health | North Sound BH-ASO (nsbhaso.org)</u>
- 3. Revisions to the Agenda Chair
- 4. Approval of the December 14th, 2023, Minutes, Motion #24-01 Chair: Attachment
- 5. Comments & Announcements from the Chair
- 6. Reports from Members
- 7. Comments from the Public
- 8. Report from the Advisory Board...... Attachment
- 9. Report from the Finance Officer ...... Attachment

## 10. Report from the Governance Operations Committee

All matters listed with the Consent Agenda have been distributed to each Member for reading and study, are considered to be routine, and will be enacted by one action of the Board of Directors with no separate discussion. If separate discussion is desired, the item may be removed from the Consent Agenda and placed on the Regular Agenda by request of a Member.

## Motion #24-02

- To review and approve the North Sound Behavioral Health Administrative Services Organization claims paid from December 1, 2023, through December 31, 2023, in the amount of \$2,586,277.49.
- Payroll for the month of December in the amount of \$185,483.10 and associated employer benefits in the amount of \$89,438.72.

## 11. Action Items

## **For Board Approval**

## **Recovery Navigator Program (RNP)**

North Sound holds a large reserve of RNP funds. We have reached out to our RNP providers to inquire whether they can use one-time funding for the programs. We have received requests from all five programs and are amending the contracts to add the six-month allocations of their requests. These funds will be renewed until the reserve is depleted.

The funding will be renewed every 6 months until it is spent down, to date we have approximately \$3,000,000 in reserves. The providers have requested a total of \$2,915,000.00.

- o Island County 6-month allocation \$92,500.00
- San Juan County (Compass Health) 6-month allocation \$125,000.00
- Skagit County (Community Action of Skagit County) 6-month allocation \$55,000.00
- Snohomish County 6-month allocation \$93,500.00
- Whatcom County 6-month allocation \$154,000.00

## Motion #24-03

- North Sound BH-ASO-Island County-RNP-23 Amendment 1 for the provision of adding reserve funds to enhance RNP services in Island County. The contract term is July 1, 2023, through June 20, 2024, with an automatic one-year renewal on July 1, 2024, based on continued compliance with the terms of the contract.
- North Sound BH-ASO-Community Action of Skagit County-RNP-23 Amendment 1 for the provision of adding reserve funds to enhance RNP services in Skagit County. The contract term is July 1, 2023, through June 20, 2024, with an automatic one-year renewal on July 1, 2024, based on continued compliance with the terms of the contract.
- North Sound BH-ASO-Compass Health-RNP-23 Amendment 1 for the provision of adding reserve funds to enhance RNP services in San Juan County. The contract term is July 1, 2023, through June 20, 2024, with an automatic one-year renewal on July 1, 2024, based on continued compliance with the terms of the contract.
- North Sound BH-ASO-Whatcom County-RNP-23 Amendment 1 for the provision of adding reserve funds to enhance RNP services in Whatcom County. The contract term is July 1, 2023, through June 20, 2024, with an automatic one-year renewal on July 1, 2024, based on continued compliance with the terms of the contract.
- North Sound BH-ASO-Snohomish County-RNP-23 Amendment 1 for the provision of adding reserve funds to enhance RNP services in Snohomish County. The contract term is January 1, 2023, through December 31, 2023, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.

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## Personnel

At the December Board of Directors meeting a 4% COLA was approved for employees as part of the annual administrative budget. The Executive Director position serves at the will of the Board which requires a separate motion to approve the 4% COLA for the position.

## Motion #24-04

 Approve a 4% COLA for the Executive Director position with an effective date of January 1, 2024.

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## **12. Introduction Items**

#### Community Behavioral Health Rental Assistance - Proviso 86 Program Enhancement Funding

- The Proviso 86 funding was a competitive process with Health Care Authority (HCA) to provide funding for individuals involved in the criminal justice system who need behavioral health services and/or housing. The North Sound BH-ASO will receive \$739,000 annually for this project.
- HCA requested the ASO provide a match for the Proviso 86 funding, there was no indication of the level of match, we provided 33%, consistent with federal match requirements. Due to the funding requests coming in above the \$739,000 we used the match to increase two of the providers for equity in the allocations.
- The amendments below are allocating the funds to our Community Behavioral Health Rental Assistance Programs.
  - The allocations are as follows:
    - Snohomish County-Bridgeways \$161,000
    - Snohomish County-Compass Health-\$150,000
    - Island, Snohomish, Skagit & Whatcom County-Pioneer Human Services-\$61,000 + North Sound BH-ASO General Funds-State 33% match of \$121,935
    - Whatcom & Skagit County-Lifeline Connections-\$61,000 + North Sound BH-ASO General Funds-State 33% match of \$121,935
    - Whatcom County-Lake Whatcom Center-\$150,000
    - Whatcom County-Opportunity Council-\$156,000

#### Motion# (next month)

- NS BH-ASO-Bridgeways-CBRA-23 Amendment 1 for the purpose of adding Proviso 86 funds to the CBRA rental assistance in Snohomish County. The contract term is July 1, 2023, through June 30, 2024, with an automatic one-year renewal on July 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-Compass Health-CBRA-23 Amendment 1 for the purpose of adding Proviso 86 funds to the CBRA rental assistance in Snohomish County. The contract term is July 1, 2023, through June 30, 2024, with an automatic one-year renewal on July 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-Lifeline Connections-CBRA-23 Amendment 1 for the purpose of adding Proviso 86 funds to the CBRA rental assistance in Skagit and Whatcom County. The contract term is July 1, 2023, through June 30, 2024, with an automatic one-year renewal on July 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-Lake Whatcom Center-CBRA-23 Amendment 1 for the purpose of adding Proviso 86 funds to the CBRA rental assistance in Whatcom County. The contract term is July 1, 2023, through June 30, 2024, with an automatic one-year renewal on July 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-Pioneer Human Services-CBRA-23 Amendment 1 for the purpose of adding Proviso 86 funds to the CBRA rental assistance in Island, Skagit, Snohomish and Whatcom County. The contract term is July 1, 2023, through June 30, 2024, with an automatic one-year renewal on July 1, 2024, based on continued compliance with the terms of the contract.

## 13. Report from the Executive Director ...... Attachment

## 14. Adjourn

Next Meeting: February 8<sup>th</sup>, 2024



North Sound Behavioral Health Administrative Services Organization

## **Board of Directors**

**Meeting Minutes** 

December 14<sup>th</sup>, 2023

## Board of Directors Members Present in Person:

- **Peter Browning**, Commissioner; Skagit County, North Sound BH-ASO Board Chair
- **Cammy Hart-Anderson**, Human Services, Designated Alternate for Dave Somers, County Executive; Snohomish County
- Jill Johnson, Commissioner, Island County
- **George Kosovich**, Public Health, Designated Alternate for Peter Browning, Commissioner; Skagit County

## Members Present via MS Teams:

- **Cynthia Foley**, Sr. Legislative Analyst, Designated Alternate for Strom Peterson, County Council; Snohomish County
- **Nicole Gorle,** Legislative Analyst, Designated Alternate for Nate Nehring, County Council; Snohomish County
- Jami Mitchell, Human Services Manager, Designated Alternate for Jane Fuller, County Council; Snohomish County
- **Perry Mowery,** Behavioral Health Supervisor, Designated Alternate to Satpal Sidhu, County Executive; Whatcom County
- **Darcy Cheesman,** Legislative Aid, Designated Alternate for Sam Low, County Council; Snohomish County
- **Barry Buchanan**, County Council; Whatcom County
- Jane Fuller, Council Member; San Juan County
- **Pat O'Maley Lanphear,** Advisory Board Chair; Snohomish County

## North Sound Behavioral Health Administrative Services Organization (North Sound BH-ASO) Staff Present:

- JanRose Ottaway-Martin, Executive Director
- Margaret Rojas, Assistant Executive Director
- Darrell Heiner, Senior Accountant
- Charles DeElena, Operations Manager, Compliance Officer
- Joanie Wenzl, Administrative Manager

## **Guests Present:**

No guests were present

## Call to Order and Introductions - Chair

Peter Browning called the meeting to order and initiated introductions.

#### Tribal Acknowledgement - Chair

<u>Tribal Behavioral Health | North Sound BH-ASO (nsbhaso.org)</u> The Chair read the Tribal Acknowledgement

#### Revisions to the Agenda - Chair

The Chair asked if there were any revisions to the agenda, and there were none

## Approval of the November 9th, 2023, Minutes, Motion #23-71 – Chair...... Attachment

Cammy Hart-Anderson moved the motion for approval, Jill Johnson seconded, none opposed, all in favor, motion #23-71 carried.

#### **Comments & Announcements from the Chair**

The SWISS group met today and will be taking behavioral health issues to the legislature. Regional coordination efforts on the most pertinent topics is the hope.

#### **Reports from Members**

Board members gave updates from their respective counties regarding behavioral health happenings.

#### **Comments from the Public**

There were no comments from the public, as none were in attendance.

#### **Report from the Advisory Board**

Pat O'Maley Lanphear gave the report from the Advisory Board which included the following topics:

- o Kara Allen will be the new chair for 2024, Chris Garden will be the Vice-Chair
- o Budget
- Legislative priorities and community participation will be taking place in 2024
- Redefining the topics from the Advisory Board with various community groups and organizations
- o An additional Advisory Board Member seat is open, due to a recent resignation
- The next meeting is January 2, 2024

The Chair asked Pat (AB Chair) to send the Clerk of the Board the counties that have open seats on the Advisory Board. Joanie will let the Board of Directors know of the openings

#### **Report from the Finance Officer**

Margaret gave the Report from the Finance Officer. She spoke about the reserve funds as well as the proviso funds.

#### **Report from the Governance Operations Committee**

The Ituha Facility was discussed.

A motion was made by Cammy Hart Anderson to authorize Jan Rose to negotiate funding stabilization with Pioneer and other key players and commit ASO funds up to \$250K. Peter seconded, all in favor, none opposed, motion carried.

All matters listed with the Consent Agenda have been distributed to each Member for reading and study, are considered to be routine, and will be enacted by one action of the Board of Directors with no separate discussion. If separate discussion is desired, the item may be removed from the Consent Agenda and placed on the Regular Agenda by request of a Member.

## Consent Agenda Motion #23-72

- To review and approve the North Sound Behavioral Health Administrative Services Organization claims paid from November 1<sup>st</sup>, 2023, through November 30<sup>th</sup>, 2023, in the amount of \$2,610,587.86.
- Payroll for the month of November in the amount of \$186,375.48 and associated employer benefits in the amount of \$89,335.59

Cammy Hart-Anderson moved the motion for approval, Jill Johnson seconded, all in favor, none opposed, motion #23-72 carried

## **Action Items**

## **For Board Approval**

## The contracts fall into four distinct categories:

- Health Care Authority (HCA) contracts to include funding for the period of January 1, 2024, through June 30, 2024.
- Downstream contracts for General Fund-State (GF-S) Mandatory Services (Crisis Outreach, Involuntary Treatment Act (ITA) Services, ITA inpatient, Secure Withdrawal Management and Proviso Funding)
- Downstream contracts for Substance Abuse Block Grant (SABG) Priority Services (Pregnant & Parenting Women Housing Services (PPW), Individuals using Intravenous Drugs (IUID) and Opiate Outreach)
- Downstream contracts for GF-S/SABG/Mental Health Block Grant (MHBG) Services within Available Resources (Mental Health & Substance Use Disorder Outpatient, SUD Residential, Triage Services)

The downstream contracts follow the HCA contract. The funding for the downstream contracts is included in the same amendment, which is why you will see the same numbered amendment under a different category of funding. The funding allocations for the downstream contracts will be developed over the next month.

## **Health Care Authority**

- K-6897 Amendment is providing the GF-S funding for the period of January 1, 2024, through June 30, 2024, and Federal Block Grant funds for the period of January 1, 2024, through June 30, 2024, for ARPA funds utilization through September 30, 2025.
  - GF-S funding includes the 15% increase approved by the legislature last session and additional GF-S for a total increase of 27%.

- 988 Enhanced Crisis Funding (Proviso 112) this funding will be used to prepare teams for endorsement as a rapid response team by July 2024. The annual funding for this proviso is \$671,350.
- One-time Recovery Navigator Program (RNP) decrease of \$130,434 for HCA RNP expenses.

#### Motion # 23-73

HCA-NS BH-ASO-K-6897-Amendment 1 providing the ASO GF-S funding and legislative proviso funds for the period of January 1, 2024, through June 30, 2024, and Federal Block Grant Funding for the period of January 1, 2024, through June 30, 2025, and September 30, 2025.

Barry Buchanan moved the motion for approval, Cammy Hart-Anderson seconded, all in favor, none opposed, motion #23-73 carried.

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#### **GF-S Mandatory Services**

The following contracts provide mandatory behavioral health services. Funding for GF-S services is allocated every six (6) months.

- Compass Health
  - Mobile Crisis Outreach Teams, ITA services, Child Youth and Family Crisis Outreach Team, Evaluation and Treatment Services, E&T Discharge Planners, Whatcom Triage;
  - Program for Assertive Community Treatment (PACT) we are adding reserve funds in the amount of \$20,090.00 for flexible spending for PACT participants, staff training and shortterm housing needs. These funds will be renewed until the reserve is depleted.
- Snohomish County
  - Mobile Crisis Outreach, ITA services
  - o Proviso Funding-Jail Transition Services, Designated Cannabis Account, Trueblood Funds
- Volunteers of America
  - o Toll Free Crisis Hotline
  - o Crisis follow-up Services
- Telecare
  - Evaluation and Treatment Services, E&T Discharge Planners
- Lifeline Connections
  - PACT we are adding reserve funds in the amount of \$47,500 for flexible spending for PACT participants, staff training and short-term housing needs. These funds will renew until the reserve is depleted.
- Snohomish County Superior Court
  - o Juvenile Treatment Services
- Island County
  - o Proviso Funding-Jail Transition Services, Designated Cannabis Account, Trueblood Funds
- San Juan County
  - o Proviso Funding-Jail Transition Services, Designated Cannabis Account
- Skagit County
  - o Proviso Funding-Jail Transition Services, Designated Cannabis Account, Trueblood Funds
- Whatcom County
  - o Proviso Funding-Jail Transition Services, Designated Cannabis Account, Trueblood Funds

#### Motion #23-74

NS BH-ASO-Compass Health-ICCN-23 Amendment 3 to provide funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract. NS BH-ASO-Snohomish County-ICCN-23 Amendment 3 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.

NS BH-ASO-VOA-ICCN-23 Amendment 3 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.

NS BH-ASO-Telecare-ICCN-23 Amendment 2 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.

NS BH-ASO-Lifeline Connections-ICN-23 Amendment 2 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.

NS BH-ASO-Snohomish County Superior Court-ICN-23 Amendment 2 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.

NS BH-ASO-Island County-ICN-23 Amendment 3 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.

NS BH-ASO-San Juan County-ICN-23 Amendment 2 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.

NS BH-ASO-Skagit County-Interlocal-23 Amendment 2 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.

NS BH-ASO-Whatcom County-ICN-23 Amendment 2 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 30, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract. Jill Johnson moved the motion for approval, Jane Fuller seconded, all-in favor, motion #23-74 carried.

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#### Substance Abuse Block Grant (SABG) & Mental Health Block Grant (MHBG) Priority Services

The following contracts are providing SABG priority Services:

- Brigid Collins
  - Pregnant and Parenting Women (PPW) Housing Support Services
- Evergreen Recovery Centers
  - PPW Housing Support Services
  - Catholic Community Services
    - o PPW Housing Support Services

- Compass Health
  - o San Juan HARPS subsidies
  - Certified Peers on Mobile Crisis Teams
- Island County
  - Opiate Outreach, HARPS subsidies
- Community Action of Skagit County
  - o Opiate Outreach
- Snohomish County
  - Opiate Outreach
- Whatcom County
  - o Opiate Outreach
- Telecare Corp.
  - o Peer Bridger Program, Peer Bridger Participant Relief Funds

#### Motion # 23-75

NS BH-ASO-Brigid Collins-ICN-23 Amendment 2 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract. NS BH-ASO-ERC-ICN-23 Amendment 3 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.

NS BH-ASO-CCS NW-ICN-23 Amendment 2 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.

NS BH-ASO-Compass Health-ICCN-23 Amendment 3 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.

NS BH-ASO-Island County-ICN-23 Amendment 3 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.

NS BH-ASO-CASC-ICN-23 Amendment 2 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.

NS BH-ASO-Snohomish County-ICCN-23 Amendment 3 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.

NS BH-ASO-Whatcom County-ICN-23 Amendment 2 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.

NS BH-ASO-Telecare-FBG-23 Amendment 2 to provide additional funding to Peer Bridger services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract. Jill Johnson moved the motion for approval, Cammy Hart-Anderson and Jane Fuller seconded, all-in favor, motion #23-75 carried.

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#### GF-S/SABG/MHBG Services within Available Resources

- Compass Health
  - o SUD outpatient services in San Juan County
  - o Whatcom County Triage
- Conquer
  - Startup funds in the amount of \$710,532 for the Assisted Outpatient Program in Snohomish County
- Evergreen Recovery Centers
  - Withdrawal Management Services
  - o Mental Health Infant Specialist
  - Homeless Outreach and Stabilization Team (HOST)
- Island County
  - Co-Responder project
- Lake Whatcom Center
  - PACT we are adding reserve funds in the amount of \$73,205.50 for flexible spending for PACT participants, staff training and short-term housing needs. These funds will be renewed until the reserve is depleted.
  - o Mental Health outpatient services
  - Substance Use outpatient services
- Pioneer Human Services
  - o Island, Skagit & Whatcom withdrawal management services
  - Snohomish County
    - Co-Responder project
- Whatcom County
  - Co-responder project

#### Motion # 23-76

NS BH-ASO-Compass Health-ICCN-23 Amendment 3 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract. North Sound BH-ASO-Conquer Addiction-ICN-23 Amendment 1 to provide start-up funds for AOT services in Snohomish County. The contract term is August 1, 2023, through July 31, 2024, with an automatic one-year renewal on August 1, 2024, based on continued compliance with the terms of the contract.

NS BH-ASO-ERC-ICN-23 Amendment 3 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.

NS BH-ASO-Island County-ICN-23 Amendment 3 to provide the funding for co-responder services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024 based on continued compliance with the terms of the contract.

NS BH-ASO-LWC-ICN-19-22 Amendment 2 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract. NS BH-ASO-PHS-ICN-23 Amendment 2 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.

NS BH-ASO-Snohomish County-ICCN-23 Amendment 3 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.

NS BH-ASO-Whatcom County-ICN-23 Amendment 2 to provide the funding co-responder services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.

Jill Johnson moved the motion for approval, Barry Buchanan seconded, all-in favor, none opposed, motion #23-76 carried

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#### Motion: #23-77

To approve the North Sound BH-ASO 2023 Operating Budget <u>Recommended 2024 Budget\_with COLA-Final\_upated.pdf (nsbhaso.org)</u> Perry Mowery moved the motion for approval, Jill Johnson seconded, all in favor, none opposed, motion #22-77 carried

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#### **Introduction Items**

#### Recovery Navigator Program (RNP)

- North Sound holds a large reserve of RNP funds. We have reached out to our RNP providers to inquire whether they can use one-time funding for the programs. We have received requests from all five programs and are amending the contracts to add the six-month allocations of their requests. These funds will be renewed until the reserve is depleted.
- The funding will be renewed every 6 months until it is spent down, to date we have approximately \$3,000,000 in reserves. The providers have requested a total of \$2,915,000.00.
  - o Island County 6-month allocation \$92,500.00
  - o San Juan County (Compass Health) 6-month allocation \$125,000.00
  - o Skagit County (Community Action of Skagit County) 6-month allocation \$55,000.00
  - Snohomish County Total Request \$ 6-month allocation \$93,500.00
  - Whatcom County Total Request \$ 6-month allocation \$154,000.00

#### Motion #

North Sound BH-ASO-Island County-RNP-23 Amendment 1 for the provision of adding reserve funds to enhance RNP services in Island County. The contract term is July 1, 2023, through June 20, 2024, with an automatic one-year renewal on July 1, 2024, based on continued compliance with the terms of the contract.

North Sound BH-ASO-Community Action of Skagit County-RNP-23 Amendment 1 for the provision of adding reserve funds to enhance RNP services in Skagit County. The contract term is July 1, 2023, through June 20, 2024, with an automatic one-year renewal on July 1, 2024, based on continued compliance with the terms of the contract.

North Sound BH-ASO-Compass Health-RNP-23 Amendment 1 for the provision of adding reserve funds to enhance RNP services in San Juan County. The contract term is July 1, 2023, through June 20, 2024, with an automatic one-year renewal on July 1, 2024, based on continued compliance with the terms of the contract.

North Sound BH-ASO-Whatcom County-RNP-23 Amendment 1 for the provision of adding reserve funds to enhance RNP services in Whatcom County. The contract term is July 1, 2023, through June 20, 2024, with an automatic one-year renewal on July 1, 2024, based on continued compliance with the terms of the contract.

North Sound BH-ASO-Snohomish County-RNP-23 Amendment 1 for the provision of adding reserve funds to enhance RNP services in Snohomish County. The contract term is January 1, 2023, through December 31, 2023, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.

## **Discussion Item:** Chair and Vice Chair for 2024

Nominations were presented for Chair and Vice Chair for 2024. A motion was made for Barry Buchanan to be Chair for 2024, Jane Fuller to be Vice-Chair and Peter Browning to fill in as needed. Jill Johnson moved the motion for approval, Cammy Hart-Anderson seconded, all-in favor, none opposed, motion carried.

## **Report from the Executive Director**

- o Crisis Metrics Report
- o Tulalip Tribal DCR Update
- o Update on 1688
- o Opioid Abatement Council
- o Skagit County Prosecuting Attorney's Office
- Additional Update: Co-Responder's Program (Representative Davis has begun conversations)

Peter Browning thanked the ASO Staff for assisting him while he chaired the ASO Board Meetings. He also affirmed JanRose in her new leadership role as the ASO's Executive Director.

Adjourn: 2:45 p.m.

Next Meeting: January 11th, 2024



## Advisory Board Brief

January 2, 2024

The Advisory Board met on January 2, and the following items were discussed:

## — Advisory Board

- Members were encouraged to participate in the AB Legislative Forum workgroup.
- Presentation of the ASO contracts and motions was given. Further presentations will take place during the year.
- Monitoring bills for the upcoming legislative session will begin.

## — Executive Director

- The Executive Director reported on Skagit County Prosecuting Attorney.
- The Action Items were passed and recommended to the Board of Directors.

## – Finance/Executive Committee

 The December Expenditures were passed and recommended to the Board of Directors for approval.

#### NORTH SOUND BEHAVIORAL HEALTH ADMINISTRATIVE SERVICE ORGANIZATION PRELIMINARY REVENUE and EXPENSE STATEMENT for DECEMBER 2023\* BUDGET TO ACTUALS

| DENTENITIES                        | 2023                       | YTD             | YTD<br>2023   | Variance       |   |
|------------------------------------|----------------------------|-----------------|---------------|----------------|---|
| <u>REVENUES</u>                    |                            | 2023            |               | Favorable      |   |
| Intergovernmental Revenues         | <b>Budget</b><br>\$ 333,33 | Budget          | Actual        | (Unfavorable)  |   |
| HRSA<br>MHBG                       | . ,                        |                 | 297,71        |                |   |
|                                    | 2,458,49                   |                 | 2,313,33      |                |   |
| SABG                               | 4,679,43                   |                 | 4,087,850     |                |   |
| State Funds                        | 27,132,68                  |                 | 30,000,54     |                |   |
| Medicaid (MCO)                     | 8,751,82                   |                 | 8,509,96      | . , , ,        |   |
| Total Intergovernmental Revenues   | 43,355,76                  |                 | 45,209,409    |                |   |
| Misc. Revenue **                   |                            | 0               | 12,97         |                |   |
| Interest Revenue                   | 10,00                      | ,               | 328,25        | ,              |   |
| TOTAL REVENUES                     | \$ 43,365,76               | ) \$ 43,365,760 | \$ 45,550,640 | 0 \$ 2,184,879 |   |
| EXPENDITURES                       |                            |                 |               |                |   |
| Inpatient Treatment                | \$ 1,550,00                | 1,550,000       | \$ 903,21     | 7 646,783      |   |
| ITA Judicial                       | 2,700,00                   | 2,700,000       | 2,461,372     | 2 238,628      |   |
| Crisis Services                    | 13,107,24                  | 5 13,107,246    | 14,223,460    | 0 (1,116,214)  | Some late billings, increased expense                           |
| Crisis Teams - Children & Youth    | 2,034,09                   | 2,034,097       | 421,320       | 6 1,612,771    |   |
| Co-Responder                       | 972,45                     | 972,456         | 825,400       | 0 147,056      |   |
| MH Crisis Stabilization            | 1,950,00                   | 1,950,000       | 1,511,07      | 1 438,929      |   |
| E&T Services                       | 1,340,00                   | 1,340,000       | 897,543       | 3 442,457      |   |
| E&T Discharge Planner              | 107,29                     | 107,294         | 209,203       | 3 (101,909)    | Expense is more then Proviso                                    |
| Jail Services                      | 367,53                     | 5 367,536       | 271,69        | 1 95,845       |   |
| PACT Services                      | 1,032,56                   | 1,032,564       | 774,56        | 3 258,001      |   |
| Assisted Outpatient Treatment      | 236,84                     | 236,844         | 229,57        | 1 7,273        |   |
| Trueblood                          | 223,94                     | 223,944         | 256,984       | 4 (33,040)     | Some prior year bills at old rate                               |
| BH Enhancement Funds               | 779,18                     | 3 779,188       | 871,43        | 6 (92,248)     |   |
| HOST                               | 1,205,10                   | 1,205,100       | 1,188,950     | 0 16,150       |   |
| Peer Bridger                       | 240,00                     | 240,000         | 183,944       | 4 56,056       |   |
| MHBG Expenditures ***              | 511,64                     | 4 511,644       | 791,992       | 2 (280,347)    | Late PATH billings  |
| HARPS Housing                      | 616,44                     | 616,440         | 781,58        | 1 (165,141)    | Late billings and contract increase                             |
| DOC Housing                        | 1,366,83                   | 1,366,830       | 1,826,33      | 9 (459,509)    | Two amendments increased avaliable expense                      |
| DMA County Contracts               | 581,29                     | 2 581,292       | 662,53        | 6 (81,244)     |   |
| Recovery Navigator                 | 2,541,34                   | 2,541,340       | 2,765,812     | 2 (224,472)    |   |
| Opiate Dependency Outreach         | 816,63                     | 816,632         | 983,23        | 7 (166,605)    |   |
| PPW Housing Support Services       | 492,03                     | 492,038         | 459,34        | 9 32,689       |   |
| SABG Expenditures ****             | 1,616,76                   | 1,616,767       | 615,329       | 9 1,001,438    |   |
| Withdrawal Management              | 1,358,00                   | 1,358,000       | 1,396,72      | 7 (38,727)     |   |
| HRSA                               | 301,41                     | 5 301,416       | 317,130       | 6 (15,720)     |   |
| Juvenile Drug Court                | 139,80                     | 139,800         | 162,150       | 0 (22,350)     |   |
| Other MH Services *****            | 513,00                     | 513,008         | 980,50        | 5 (467,497)    | Increased outpatient services, late billing for school services |
| Other SUD Services                 | 238,01                     | 238,017         | 343,839       | 9 (105,822)    |   |
| Advisory Board                     | 19,99                      | 5 19,996        | 9,92          | 3 10,073       |   |
| Subtotal - Services                | 38,959,48                  | 38,959,488      | 37,326,183    | 3 1,633,306    |   |
| Administration                     | 4,406,27                   | 2 4,406,272     | 4,841,352     | 2 (435,080)    | Increased Professional Services, Increased Computer Supplie     |
| TOTAL EXPENDITURES                 | \$ 43,365,76               |                 | \$ 42,167,53  |                | · · · · · · · · · · · · · · · · · · ·                           |
| Excess of Revenues Over (Under) Fx |                            | . ,,            | \$ 3 383 10   | . , ,          |   |

Excess of Revenues Over (Under) Expenditure.
\* THIS IS AN UNAUDITED STATEMENT

\$ 3,383,105

\* Medicaid and State revenue are paid in advance. MHBG, SABG and SAMHSA revenue are paid

on an expense reimbusement method. Expenses are recognized when the bill is received.

\*\* Room Rental Fees, Tribal Conference, Salish Contract

\*\*\* Includes COVID, PATH and other FBG services. Does not include Crisis or E&T

\*\*\*\* Includes Peer Pathfinder and other SABG expenses. Does not include Crisis

\*\*\*\*\* Includes CORS, FYSPRT, Outpatient Services, PATH match

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#### NORTH SOUND BEHAVIORAL HEALTH ADMINISTRATIVE SERVICE ORGANIZATION PRELIMINARY REVENUE and EXPENSE STATEMENT for DECEMBER 2023\*

| DEVENILIES                             | YTD 2022             | YTD<br>2022                                    | YTD 2022            | YTD<br>2022  | YTD 2022        | YTD<br>2022  |
|--|----------------------|--|---------------------|--------------|-----------------|--------------|
| <u>REVENUES</u>                        | 2022<br>Totals       | 2022<br>Medicaid                               | 2022<br>State       | 2022<br>MHBG | 2022<br>SABG    | 2022<br>HRSA |
| Intergovernmental Revenues<br>HRSA     | 297,715              | Medicald                                       | State               | MHDG         | SADG            |              |
|  |                      |  |                     | 2 212 229    |                 | 297,715      |
| MHBG                                   | 2,313,338            |  |                     | 2,313,338    | 4 097 950       |              |
| SABG                                   | 4,087,850            |  | 20.000 515          |              | 4,087,850       |              |
| State Funds                            | 30,000,545           | 0.500.040                                      | 30,000,545          |              |                 |              |
| Medicaid (MCO)                         | 8,509,960            | 8,509,960                                      | 20.000 515          | 2 212 220    | 1 007 050       | 207 71 5     |
| Total Intergovernmental Revenues       | 45,209,409           | 8,509,960                                      | 30,000,545          | 2,313,338    | 4,087,850       | 297,715      |
| Misc. Revenue **                       | 12,975               |  | 12,975              |              |                 |              |
| Interest Revenue                       | 328,256              | <b>*</b> • • • • • • • • • • • • • • • • • • • | 328,256             |              |                 |              |
| TOTAL REVENUES                         | \$ 45,550,640        | \$ 8,509,960                                   | \$ 30,341,776       | \$ 2,313,338 | \$ 4,087,850 \$ | 297,715      |
| <b>EXPENDITURES</b>                    |                      |  |                     |              |                 |              |
| Inpatient Treatment                    | \$ 903,217           |  | \$ 903,217          |              |                 |              |
| ITA Judicial                           | 2,461,372            |  | 2,461,372           |              |                 |              |
| Crisis Services                        | 14,223,460           | 7,894,948                                      | 5,171,985           | 175,545      | 980,982         |              |
| Crisis Teams - Children & Youth        | 421,326              |  | 421,326             |              |                 |              |
| Co-Responder                           | 825,400              |  | 105,600             | 434,927      | 284,873         |              |
| MH Crisis Stabilization                | 1,511,071            |  | 777,430             | 733,641      |                 |              |
| E&T Services                           | 897,543              |  | 897,543             |              |                 |              |
| E&T Discharge Planner                  | 209,203              |  | 209,203             |              |                 |              |
| Jail Services                          | 271,691              |  | 271,691             |              |                 |              |
| PACT Services                          | 774,563              |  | 774,563             |              |                 |              |
| Assisted Outpatient Treatment          | 229,571              |  | 229,571             |              |                 |              |
| Trueblood                              | 256,984              |  | 256,984             |              |                 |              |
| BH Enhancement Funds                   | 871,436              |  | 871,436             |              |                 |              |
| HOST                                   | 1,188,950            |  | 1,188,950           |              |                 |              |
| Peer Bridger                           | 183,944              |  | , ,                 | 183,944      |                 |              |
| MHBG Expenditures ***                  | 791,992              |  |                     | 791,992      |                 |              |
| HARPS Housing                          | 781,581              |  | 781,581             |              |                 |              |
| DOC Housing                            | 1,826,339            |  | 1,826,339           |              |                 |              |
| DMA County Contracts                   | 662,536              |  | 662,536             |              |                 |              |
| Recovery Navigator                     | 2,765,812            |  | 2,765,812           |              |                 |              |
| Opiate Dependency Outreach             | 983,237              |  | 2,705,012           |              | 983,237         |              |
| PPW Housing Support Services           | 459,349              |  |                     |              | 459,349         |              |
| SABG Expenditures ****                 | 615,329              |  |                     |              | 615,329         |              |
| Withdrawal Management                  | 1,396,727            |  | 690,716             |              | 706,011         |              |
| HRSA                                   | 317,136              |  | 090,710             |              | 700,011         | 317,136      |
| Juvenile Drug Court                    | 162,150              |  | 162,150             |              |                 | 517,150      |
| Other MH Services ****                 | 980,505              |  | 980,505             |              |                 |              |
| Other SUD Services                     | 343,839              |  | 343,839             |              |                 |              |
|  |                      |  |                     |              |                 |              |
| Advisory Board<br>Subtotal - Services  | 9,923                | 7,894,948                                      | 9,923<br>22,764,269 | 2,320,048    | 4,029,782       | 317,136      |
| Subtotal - Services                    | 57,520,185           | 7,094,940                                      | 22,704,209          | 2,320,048    | 4,029,782       | 517,150      |
| Administration                         | 4,841,352            | 1,024,006                                      | 3,776,213           |              |                 | 41,134       |
| TOTAL EXPENDITURES                     | \$ 42,167,535        | \$ 8,918,954                                   | \$ 26,540,482       | \$ 2,320,048 | \$ 4,029,782 \$ | 358,269      |
| Net Income                             | \$ 3,383,105         | \$ (408,993)                                   | \$ 3,801,294        | \$ (6,710)   | \$ 58,069 \$    | (60,554)     |
| Beginning Fund Balance 12/31/22        | 15,064,689           | 30,506   | 15,928,915          | (187,767)    | (653,818)       | (53,147)     |
| Ending Fund Balance                    | 18,447,793           | (378,487)                                      | 19,730,208          | (194,477)    | (595,749)       | (113,702)    |
| Flexible GFS balance at 6/30/23        | -                    |  | 7,605,973           |              |                 |              |
| Neter State Find Delense ales include: | р <sup>.</sup> г ірі | 1.1.1  | 1 1 4 10            | · C 11.      |                 |              |

Note: State Fund Balance also includes Proviso Fund Balances which are designated for specific expenditures \* THIS IS AN UNAUDITED STATEMENT

\* Medicaid and State revenue are paid in advance. MHBG, SABG and SAMHSA revenue are paid on an expense

reimbusement method. Expenses are recognized when the bill is received.

\*\* Room Rental Fees, Tribal Conference, Salish Contract

\*\*\* Includes COVID, PATH and other FBG services. Does not include Crisis or E&T

\*\*\*\* Includes Peer Pathfinder and other SABG expenses. Does not include Crisis

\*\*\*\*\* Includes CORS, FYSPRT, Outpatient Services, PATH match

#### NORTH SOUND BH-ASO December 2023

| Туре                               | Date                     | Num              | Name                                  | Amount                    |
|------------------------------------|--------------------------|------------------|---------------------------------------|---------------------------|
| Bill Pmt -Check                    | 12/01/2023               | 572397           | American Behavioral Health Systems, I | -48,155.80                |
| Bill Pmt -Check                    | 12/01/2023               | 572419           | Bridgeways                            | -4,152.45                 |
| Bill Pmt -Check                    | 12/01/2023               | 572420           | Brigid Collins                        | -11,811.97                |
| Bill Pmt -Check                    | 12/01/2023               | 572424           | Callahan, Cameron                     | -570.00                   |
| Bill Pmt -Check                    | 12/01/2023               | 572451           | Compass Health                        | -18,020.00                |
| Bill Pmt -Check                    | 12/01/2023               | 572495           | Greater Columbia BH-ASO               | -937.59                   |
| Bill Pmt -Check                    | 12/01/2023               | 572536           |                                       | -4,742.49                 |
| Bill Pmt -Check                    | 12/01/2023               | 572573           | NSBH-ASO Petty Cash                   | -36.00                    |
| Bill Pmt -Check                    | 12/01/2023               | 572587           | Pioneer Center                        | -27,232.17                |
| Bill Pmt -Check                    | 12/01/2023               | 572639           | Snohomish Co Human Services           | -439,515.36               |
| Bill Pmt -Check                    | 12/01/2023               | 572385           | US Bank                               | -4,421.70                 |
| Bill Pmt -Check                    | 12/01/2023               | 572671           | Volunteers of America                 | -286,252.71               |
| Bill Pmt -Check                    | 12/01/2023               | 572642           | WA State Auditors Office              | -7,942.20                 |
| Bill Pmt -Check                    | 12/08/2023               | 572762           | Catholic Community Services           | -4,767.64                 |
| Bill Pmt -Check                    | 12/08/2023               | 572845           | Evergreen Recovery                    | -7,529.60                 |
| Bill Pmt -Check                    | 12/08/2023               | 572850           | Federal Express                       | -61.16                    |
| Bill Pmt -Check                    | 12/08/2023               | 573099           | Haggen/Safeway                        | -11.95                    |
| Bill Pmt -Check                    | 12/08/2023               | 572970           | Lifeline Connections                  | -117,196.46               |
| Bill Pmt -Check                    | 12/08/2023               | 573030           |                                       | -85.98                    |
| Bill Pmt -Check                    | 12/08/2023               | 573033           | Opportunity Council                   | -12,547.67                |
| Bill Pmt -Check                    | 12/08/2023               | 573140           |                                       | -198,090.20               |
| Bill Pmt -Check                    | 12/08/2023               | 573142           | Spokane County BHO                    | -865.00                   |
| Bill Pmt -Check                    | 12/08/2023               | 573171           | Telecare Corporation                  | -28,105.25                |
| Bill Pmt -Check                    | 12/08/2023               | 573179           | Tulalip Tribes                        | -6,249.49                 |
| Bill Pmt -Check                    | 12/08/2023               | 573223           | Whatcom Co Superior Court             | -11,360.00                |
| Bill Pmt -Check                    | 12/15/2023               | 573252           | Access                                | -433.49                   |
| Bill Pmt -Check                    | 12/15/2023               | 573263           | American Behavioral Health Systems, I | -22,846.50                |
| Bill Pmt -Check                    | 12/15/2023               | 573317           | Compass Health                        | -67,326.85                |
| Bill Pmt -Check                    | 12/15/2023               | 573320           | Consejo Counseling                    | -29,938.00                |
| Bill Pmt -Check                    | 12/15/2023               | 573349           | Frontline Cleaning Services LLC       | -891.98                   |
| Bill Pmt -Check                    | 12/15/2023               | 573365           | Holman Recovery Center                | -6,500.00                 |
| Bill Pmt -Check                    | 12/15/2023               | 573459           | Morris Consulting                     | -500.00                   |
| Bill Pmt -Check                    | 12/15/2023               | 573491           | Sea Mar                               | -11,444.16                |
| Bill Pmt -Check                    | 12/15/2023               | 573507           | Skagit County Public Health           | -29,744.04                |
| Bill Pmt -Check                    | 12/15/2023               | 573513           | Snohomish Co Juvenile                 | -36,127.73                |
| Bill Pmt -Check                    | 12/15/2023               | 573518           | Spokane County BHO                    | -865.00                   |
| Bill Pmt -Check                    | 12/15/2023               | 573461           | St Joseph Medical Center, Peace Heal  | -1,160.55                 |
| Bill Pmt -Check                    | 12/15/2023               | 573525           | T-Mobil                               | -897.11                   |
| Bill Pmt -Check                    | 12/15/2023               | 573529           | Telecare Corporation                  | -3,339.00                 |
| Bill Pmt -Check                    | 12/15/2023               | 573564           | Wave Business                         | -601.20                   |
| Bill Pmt -Check                    | 12/15/2023               | 573570           | Whatcom County Health Department      | -127,901.36               |
| Bill Pmt -Check                    | 12/22/2023               | 57380            | Arreola, Maria-Reim                   | -316.04                   |
| Bill Pmt -Check                    | 12/22/2023               | 573649           | Comcast                               | -225.06                   |
| Bill Pmt -Check<br>Bill Pmt -Check | 12/22/2023               | 573652<br>573654 | Compass Health<br>Consejo Counseling  | -182,852.71<br>-12,604.00 |
| Bill Pmt -Check                    | 12/22/2023               |                  | Evergreen Recovery                    | -12,604.00                |
| Bill Pmt -Check                    | 12/22/2023<br>12/22/2023 | 573698<br>573706 | Firstline Communications (All Phase)  | -1,226.44                 |
| Bill Pmt -Check                    | 12/22/2023               | 573708           | Frontline Cleaning Services LLC       | -1,226.44<br>-1,465.00    |
| Bill Pmt -Check                    | 12/22/2023               | 573708           | Island County Human Services          | -1,465.00<br>-89,972.20   |
| Bill Pmt -Check                    | 12/22/2023               | 573782           | Lifeline Connections                  | -8,647.04                 |
| Bill Pmt -Check                    | 12/22/2023               | 573917           | Maharaj-Lewis, Starleen               | -210.00                   |
| Bill Pmt -Check                    | 12/22/2023               | 573819           | Mount Baker Presbyterian Church       | -9,194.92                 |
| Bill Pmt -Check                    | 12/22/2023               | 573826           | New Earth Recovery-Recovery Cafe Sk   | -26,236.00                |
| Bill Pmt -Check                    | 12/22/2023               | 573850           | Pioneer Center                        | -66,334.98                |
| Bill Pmt -Check                    | 12/22/2023               | 573856           | Providence-Everett                    | -15,581.53                |
| Bill Pmt -Check                    | 12/22/2023               | 573911           | Snohomish Co Human Services           | -452,459.58               |
| Bill Pmt -Check                    | 12/28/2023               | IGT              | Skagit County Auditor                 | -3,500.00                 |
| Bill Pmt -Check                    | 12/29/2023               | 574015           | Bellard, Bret MD                      | -1,260.00                 |
|                                    |                          | 2010             |                                       | -2,586,277.49             |
|                                    |                          |                  | -                                     | -2,586,277.49             |
|                                    |                          |                  | -                                     | -2,586,277.49             |
|                                    |                          |                  | =                                     | _,,                       |
|                                    |                          |                  |                                       |                           |
| L                                  |                          |                  |                                       |                           |

#### Weekly Crisis Metrics Report:

See attached.

#### **Skagit County PAO:**

After meeting with all three Skagit County Commissioners, they met for a decision meeting with the Skagit County PAO and decided not to sign the document indicating they would hold the responsibility of hiring legal counsel in such case as the Skagit County PAO is unwilling or unable to fulfill the RCW mandated responsibilities to the Skagit County ITA court. The draft agreement utilized was based on an original agreement signed with the Skagit County PAO's office. In my meetings, I indicated the rest of the agreement's language was the less important, but the language regarding Skagit County being willing to meet this obligation was the language we needed to avoid contingency planning with agencies. Skagit County Commissioners indicated that they could not sign because there was language about the PAO's office and asked that we go back to negotiating with Skagit County PAO Weyrich. The commissioners did indicate that they would move forward on a RFQ for legal counsel to fulfill this obligation.

However, Skagit County PAO has reiterated no intention of serving the ITA Court if his current ITA attorney were to leave him employ. Given that we do not have a signed contingency plan with Skagit County, we are moving forward with contingency planning with Telecare, Skagit Valley Medical and Compass. If the attorney were to leave his position, North Sound ASO would likely be forced to issue an emergent stop placement in Skagit County and those already in the hospitals would be at risk of being released prior to stabilization based on the absence of a functioning ITA court in Skagit County.

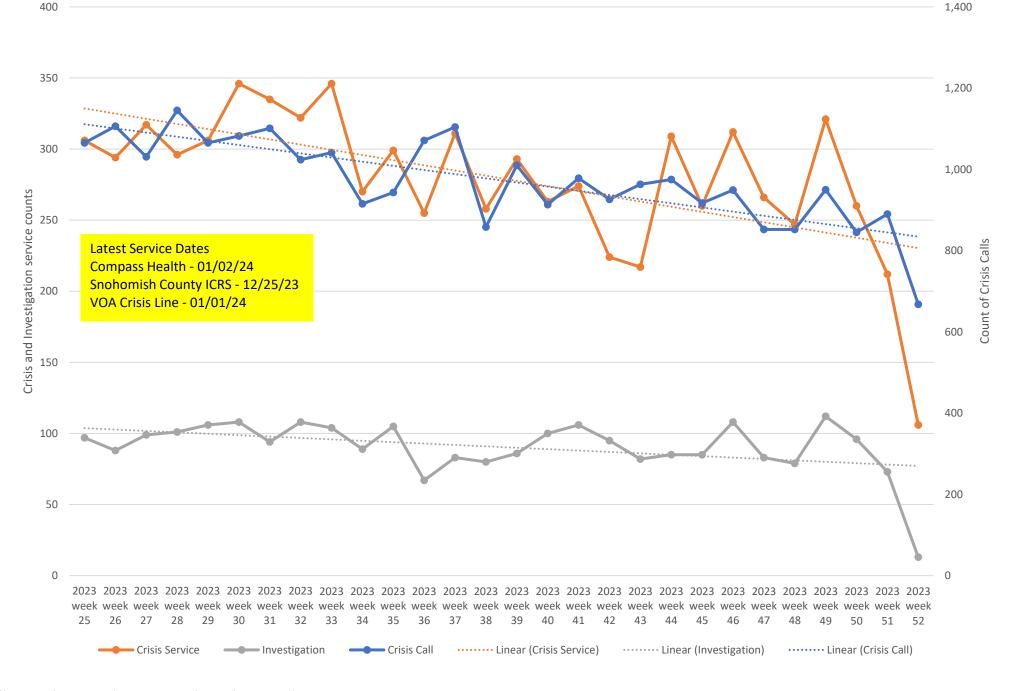
We will negotiate in good faith with Mr. Weyrich and have asked that a representative from the Commissioner's Office is present for those negotiations since his primary request has been that the ASO give him permission to not follow RCW's which we do not have the scope or authority to allow. Additionally, as he is potentially negotiating for roles that the Commissioners would fulfill through their RFQ, it feels necessary and expedient to have all parties at the table.

**Recent Article on this subject:** Emergency mental health treatment put at risk over staffing | Local News | goskagit.com

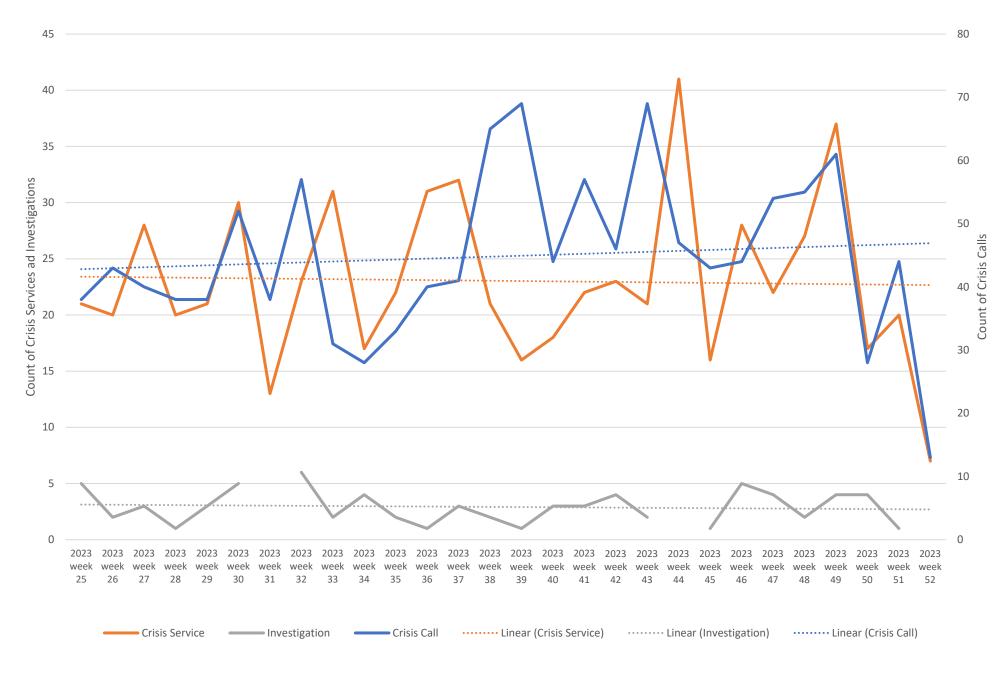


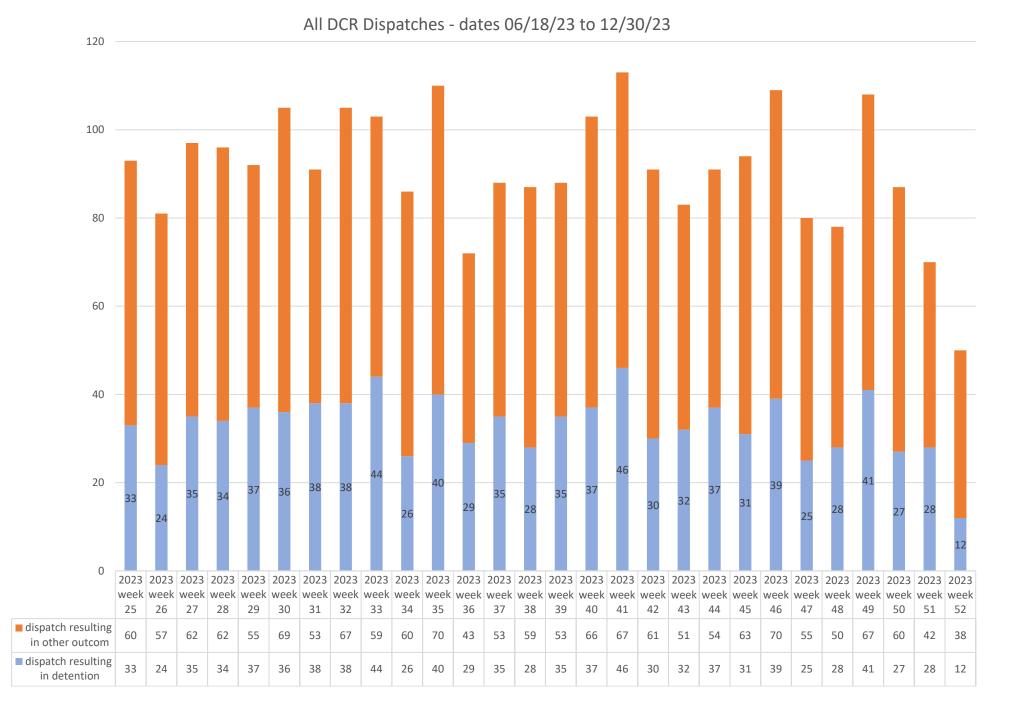
## Weekly Crisis Capacity Indicator Snapshot

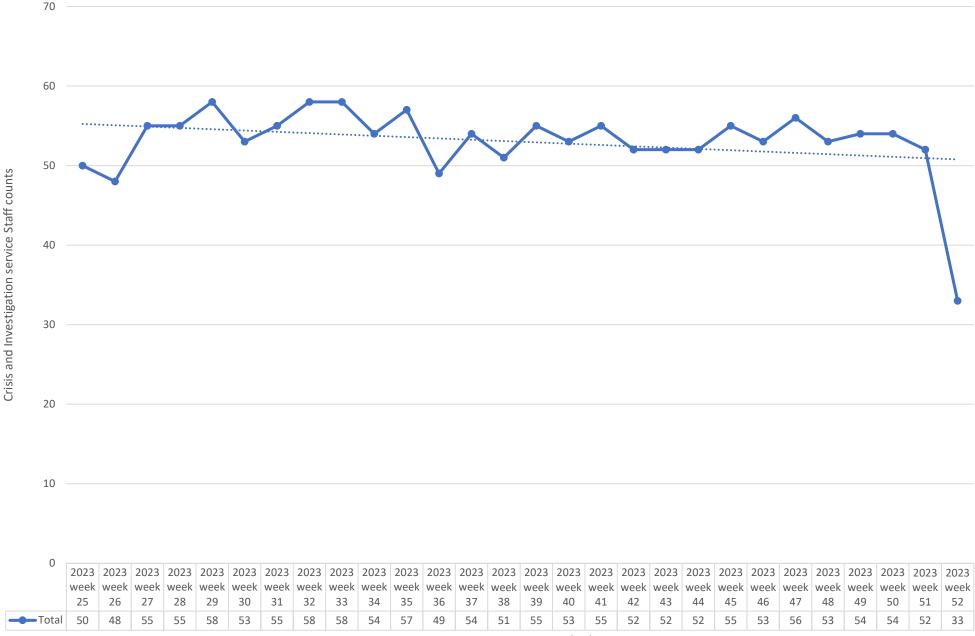
| Page 2  | Crisis Data - dates 06/18/23 to 12/30/23   |
|---------|--|
| Page 3  | Crisis Data: Ages 0-17 - dates 06/18/23 to 12/30/23  |
| Page 4  | All DCR Dispatches - dates 06/18/23 to 12/30/23  |
| Page 5  | Weekly Staff Count - Staff providing Crisis or Investigaion services 06/18/23 to 12/30/23                            |
| Page 6  | Hospital placement locations (Invol and Vol) - No adjustment has been made for timely data - recent weeks likely low |
| Page 7  | Telehealth only, crisis and investigation services from 06/18/23 to 12/30/23   |
| Page 8  | Crisis Service Unit Percent - Crisis Service units divided by Crisis units + Investigation units                     |
| Page 9  | Washington State Indicators of Anxiety or Depression Based on Reported Frequency of<br>Symptoms During Last 7 Days   |
| Page 10 | Place of Service -Crisis Services, percent of total by week  |
| Page 11 | Place of Service -Investigations, percent of total by week   |
| Page 12 | Total Hospitalized Adults - COVID-19 (confirmed or supected) 7 day average   |
| Page 13 | North Sound BH ASO Walkaway Chart 06/18/23 to 12/30/23   |



Crisis Data: Ages 0-17 - dates 06/18/23 to 12/30/23

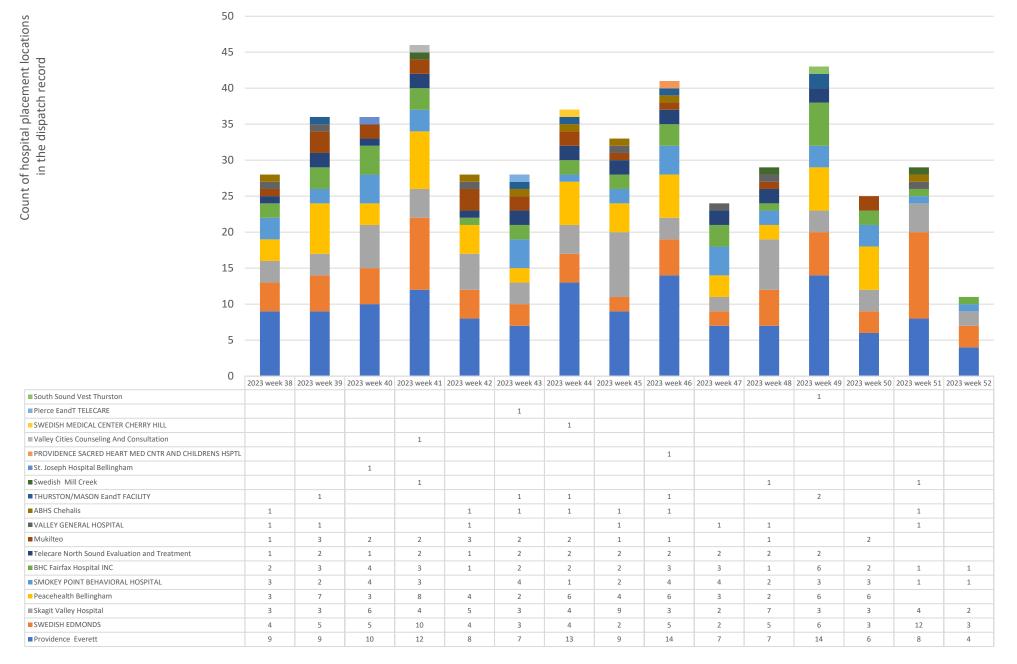




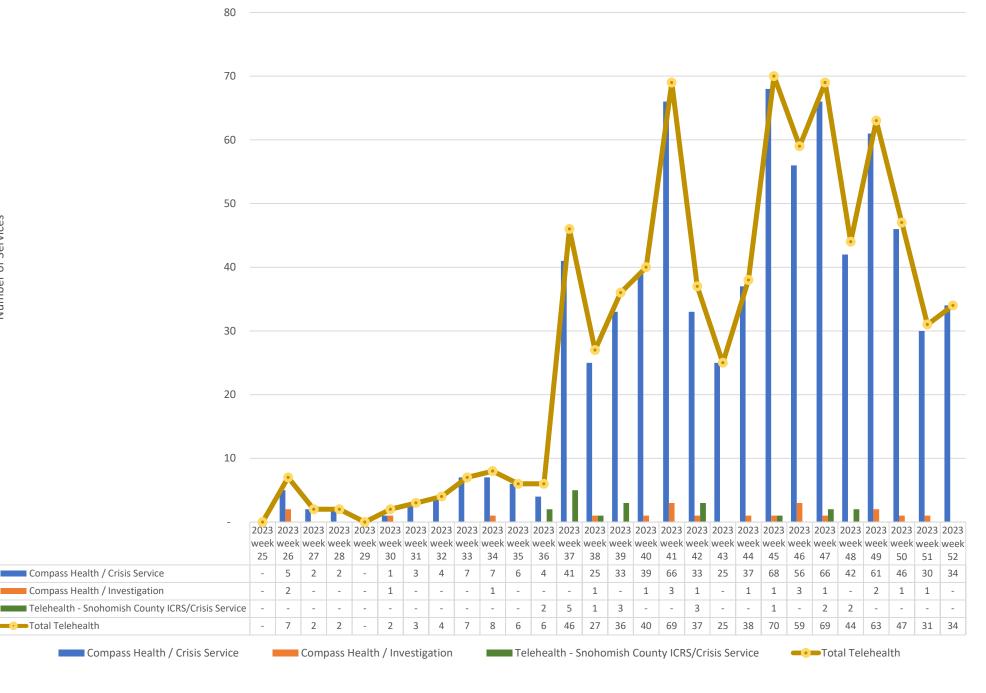


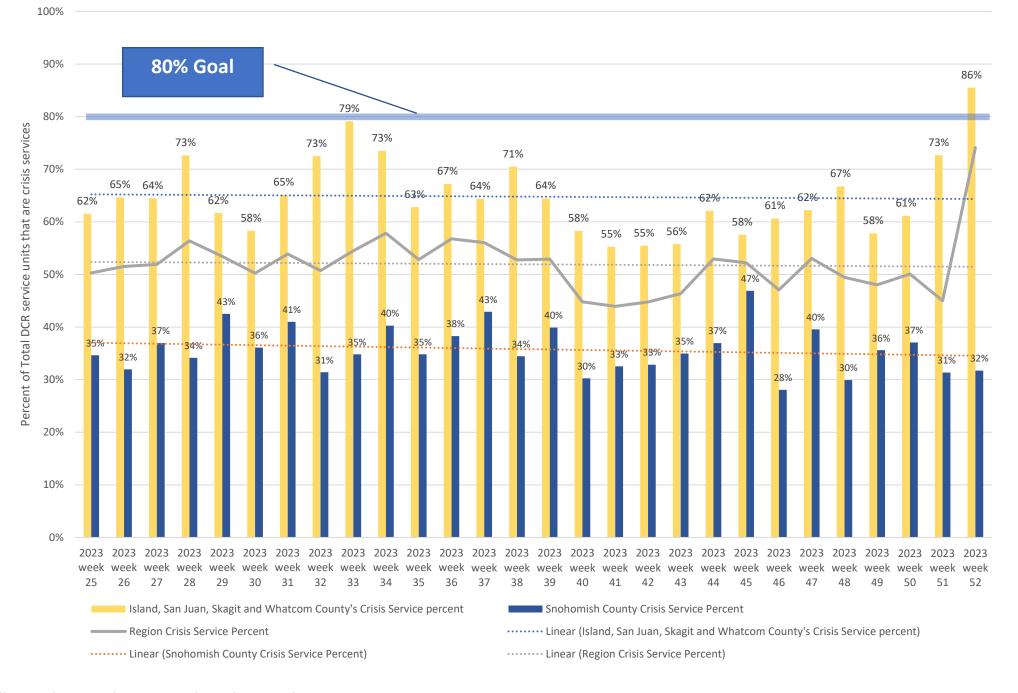
2023 week 52 ending 01/00/00

# Hospital placement locations (Invol and Vol) - No adjustment has been made for timely data - recent weeks likely low



## Telehealth only, crisis and investigation services from 06/18/23 to 12/30/23





## Crisis Service Unit Percent - Crisis Service units divided by Crisis units + Investigation units

## Washington State Indicators of Anxiety or Depression Based on Reported Frequency of Symptoms During Last 7 Days

The U.S. Census Bureau, in collaboration with five federal agencies, launched the Household Pulse Survey to produce data on the social and economic impacts of Covid-19 on American households. The Household Pulse Survey was designed to gauge the impact of the pandemic on employment status, consumer spending, food security, housing, education disruptions, and dimensions of physical and mental wellness.

55%

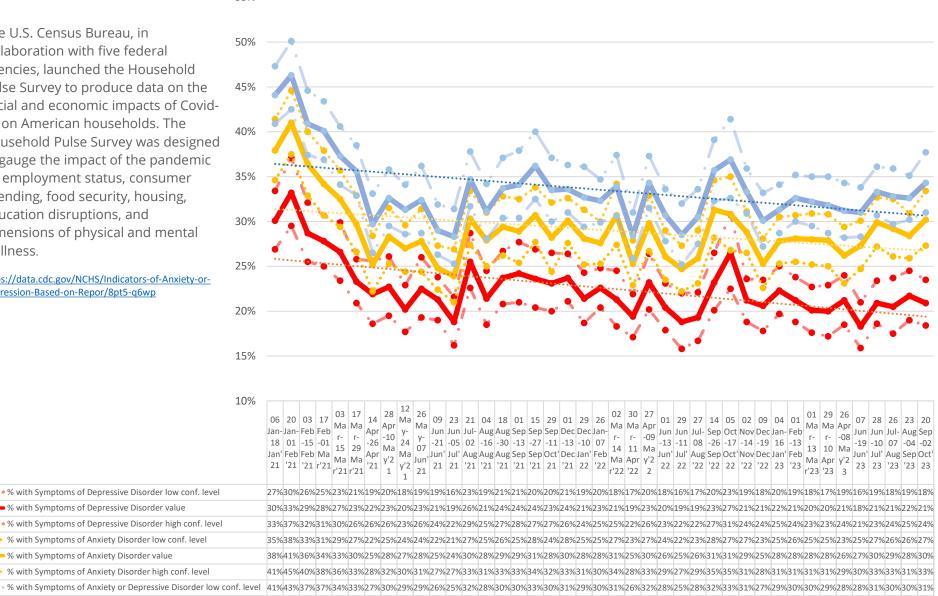
https://data.cdc.gov/NCHS/Indicators-of-Anxiety-or-Depression-Based-on-Repor/8pt5-q6wp

% with Symptoms of Depressive Disorder value

% with Symptoms of Anxiety Disorder value

• • • • % with Symptoms of Anxiety Disorder high conf. level

% with Symptoms of Anxiety Disorder low conf. level



%34%34%36%34%34%33%32%34%28%34%31%29%31%36%37%33%30%31%33%32%32%31%31%33%33%33%34%

% with Symptoms of Anxiety or Depressive Disorder value

44%46%41%40%3

Place of Service -Crisis Services, percent of total by week

| 100%<br>90%  |          |          |          |          |          |          |          |          |          |          |          |          |          |          |          |          |          |          |          |          |          |          |          |          |          |          |          |          |
|--|----------|----------|----------|----------|----------|----------|----------|----------|----------|----------|----------|----------|----------|----------|----------|----------|----------|----------|----------|----------|----------|----------|----------|----------|----------|----------|----------|----------|
| 80%  | _        |          |          |          | _        |          |          |          | _        | -        |          | -        |          |          |          |          |          |          |          |          |          |          |          |          |          |          |          | _        |
| 70%  | -        | -        | -        | -        | _        |          |          |          | _        | _        | _        | -        |          | -        | -        |          |          | _        |          |          |          | _        |          | _        |          |          |          | _        |
| 60%  | -        |          |          |          |          |          |          |          |          |          | ÷        |          |          | ÷        | ÷        |          |          | -        |          | ÷        |          |          |          |          | ٠        |          |          | -        |
| 50%  |          |          |          |          |          |          |          |          |          |          |          |          |          |          |          |          |          | _        | 11       | ÷        |          |          |          |          | ÷        | ÷        |          |          |
| 40%  |          |          |          |          |          |          |          |          |          |          |          |          |          |          |          |          | T.       |          |          | T        |          |          | T.       |          | T.       | т        |          |          |
| 30%<br>20%   |          |          |          |          |          |          |          |          |          |          |          |          |          |          |          |          |          |          |          |          |          |          |          |          |          |          |          |          |
| 10%  |          |          |          |          |          |          |          |          |          |          |          |          |          |          |          |          |          |          |          |          |          |          |          |          |          |          |          |          |
| 0%   |          |          |          |          |          |          |          |          |          |          |          |          |          |          |          |          |          |          |          |          |          |          |          |          |          |          |          |          |
|  | 202      | 202      | 202      |          | 202      | 202      | 202      | 202      |          | 202      | 202      |          |          |          |          | 202      |          | 202      |          | 202      |          | 202      |          |          | 202      |          | 202      |          |
|  | 3<br>wee |
|  |          |          |          |          |          |          |          |          |          |          |          |          |          |          |          |          |          |          |          |          |          |          |          | k 48     |          |          |          |          |
| Mobile Unit  |          |          |          |          |          |          |          |          |          |          |          | 1        |          |          |          |          |          |          |          |          |          |          |          |          |          |          |          |          |
| Residential SUD                                    |          |          |          |          |          |          |          |          |          |          |          |          |          |          |          |          |          |          | 1        |          |          |          |          |          |          |          |          |          |
| Non residential Substance Abuse Treatment Facility |          |          |          |          |          |          |          | 1        |          |          |          |          |          | 1        |          |          |          |          |          |          |          |          |          |          |          |          |          |          |
| Skilled Nursing Facility                           |          | 2        | 2        |          |          | 1        |          |          |          |          |          |          |          |          |          |          |          |          |          |          |          |          |          |          |          | 1        |          |          |
| Custodial Care Facility                            |          |          |          | 1        | 2        | 1        | 1        |          |          |          |          |          |          |          |          |          | 1        | 1        |          |          |          |          |          |          |          |          |          |          |
| Nursing Facility                                   |          |          | 2        |          |          |          |          | 1        |          |          |          | 1        |          | 1        |          |          |          |          |          |          | 1        |          | 2        |          |          |          |          |          |
| Community Mental Health Center                     |          |          |          | 2        |          |          | 1        |          |          |          | 1        |          |          |          |          | 2        |          | 1        |          |          |          | 2        |          |          |          |          |          |          |
| Psych. Residential                                 | 1        |          |          | 1        |          |          |          |          |          | 1        | 1        | 1        | 1        |          |          | 2        | 1        | 1        |          |          | 1        |          | 1        |          |          |          |          |          |
| Unassigned   |          |          |          |          |          |          |          |          |          |          |          |          |          |          |          |          |          | 1        |          | 1        | 2        | 5        | 1        | 1        | 3        | 3        |          |          |
| Group Home   | 1        | 1        | 2        |          | 4        | 2        |          | 4        | 1        |          |          | 1        | 1        | 1        | 2        | 1        | 3        | 2        |          | 1        |          |          | 1        | 1        | 1        |          |          |          |
| School   |          | 1        | 1        | 1        |          |          |          |          |          |          |          |          | 5        | 2        | 1        | 3        | 2        |          | 2        | 4        | 1        | 3        | 5        | 1        | 2        | 2        |          |          |
| On Campus Outpatient Hospital                      | 1        | 2        | 9        | 5        | 2        | 3        |          | 1        | 4        | 4        | 1        | 1        | 1        | 1        | 1        |          |          |          | 1        |          |          | 1        |          |          |          |          |          |          |
| Homeless Shelter                                   | 1        |          |          | 2        | 1        | 2        | 1        |          |          |          | 2        | 2        | 1        | 1        | 2        |          | 2        | 1        | 4        |          | 3        | 7        | 2        | 3        | 7        | 8        | 3        | 3        |
| Inpatient Hospital                                 | 14       | 2        | 7        | 4        | 4        | 7        | 3        | 4        | 2        | 2        | 5        | 3        | 3        | 4        | 2        | 4        | 6        | 8        | 6        | 4        | 5        | 2        | 4        | 5        | 3        | 5        | 2        |          |
| Inpatient Psychiatric Facility                     | 5        | 6        | 4        | 10       | 11       | 7        | 9        | 8        | 8        | 6        | 4        | 6        | 8        | 5        | 7        | 12       | 4        | 8        | 6        | 1        | 13       | 6        | 12       | 4        | 6        | 6        | 5        |          |
| Assisted Living Facility                           | 13       | 17       | 16       | 15       | 7        | 6        | 9        | 13       | 11       | 6        | 20       | 13       | 9        | 17       | 8        | 4        | 4        | 4        | 7        | 17       | 8        | 3        | 4        | 5        | 9        | 6        | 4        |          |
| Prison Correctional Facility                       | 20       | 12       | 16       | 9        | 5        | 27       | 15       | 13       | 9        | 17       | 15       | 5        | 19       | 11       | 12       | 13       | 13       | 10       | 10       | 11       | 7        | 13       | 10       | 6        | 12       | 8        | 13       | 2        |
| Telehealth   |          | 5        | 2        | 2        |          | 1        | 3        | 4        | 7        | 7        | 6        | 6        | 46       | 26       | 36       | 39       | 66       | 36       | 25       | 37       | 69       | 56       | 68       | 44       | 61       | 46       | 30       | 34       |
| Emergency Room Hospital                            | 25       | 21       | 37       | 25       | 37       | 29       | 27       | 22       | 39       | 23       | 47       | 25       | 29       | 17       | 26       | 33       | 35       | 30       | 32       | 32       | 32       | 46       | 21       | 23       | 38       | 29       | 17       | 4        |
| Home   | 28       | 32       | 30       | 34       | 30       | 37       | 20       | 37       | 31       | 24       | 20       | 27       | 35       | 47       | 51       | 33       | 26       | 22       | 38       | 49       | 26       | 30       | 33       | 43       | 48       | 36       | 35       | 29       |
| Other Place of Service                             | 98       | 100      | 89       | 93       | 74       | 121      | 120      | 100      | 107      | 76       | 91       | 93       | 73       | 62       | 63       | 51       | 36       | 38       | 37       | 87       | 27       | 64       | 33       | 24       | 48       | 33       | 19       | 16       |
| ■ Office   | 99       | 93       | 100      | 92       | 129      | 102      | 126      | 114      | 127      | 104      | 86       | 70       | 80       | 62       | 82       | 66       | 75       | 61       | 48       | 65       | 65       | 74       | 69       | 87       | 83       | 77       | 84       | 18       |

Place of Service -Investigations, percent of total by week

| 100%<br>90%  |      |      |      |      |      |      |      |      |      |      |      |      |      |      |      |      |      |      |      |      |     |      |      |      |      |      |      | T    |
|--|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|-----|------|------|------|------|------|------|------|
| 80%  |      |      | T    |      |      |      |      |      | T    |      |      |      |      |      |      |      |      |      |      |      |     |      |      |      |      |      |      |      |
| 70%<br>60%   |      |      |      |      |      |      |      |      |      |      |      |      |      |      |      |      |      |      |      |      |     |      |      |      |      |      |      |      |
| 50%  |      |      |      |      |      |      |      |      |      |      |      |      |      |      |      |      |      |      |      |      |     |      |      |      |      |      |      |      |
| 40%  |      |      |      |      |      |      |      |      |      |      |      |      |      | _    |      |      |      |      |      |      |     |      |      |      |      | _    |      | _    |
| 30%  | _    |      |      |      | _    |      | _    |      |      |      |      | _    | _    | _    |      | _    | _    |      |      |      | _   |      | _    |      |      |      |      | _    |
| 20%  |      |      |      | _    | -    |      |      |      |      |      |      | _    | -    | _    |      |      |      |      |      |      |     |      |      |      |      |      |      | -    |
| 10%  |      |      |      |      |      |      |      |      |      |      |      |      |      | _    |      |      |      |      |      |      |     |      |      |      |      |      |      | -    |
| 0%   | 202  | 202  | 202  | 202  | 202  | 202  | 202  | 202  | 202  | 202  | 202  | 202  | 202  | 202  | 202  | 202  | 202  | 202  | 202  | 202  | 202 | 202  | 202  | 202  | 202  | 202  | 202  | 202  |
|  | 3    | 3    | 3    | 3    | 3    | 3    | 3    | 3    | 3    | 3    | 3    | 3    | 3    | 3    | 3    | 3    | 3    | 3    | 3    | 3    | 3   | 3    | 3    | 3    | 3    | 3    | 3    | 3    |
|  |      |      |      |      |      |      |      |      |      |      |      |      |      |      |      |      |      |      |      |      |     |      |      |      |      |      | wee  |      |
|  | k 25 | k 26 | k 27 | k 28 | k 29 | k 30 | k 31 | k 32 | k 33 | k 34 | k 35 | k 36 | k 37 | k 38 | k 39 | k 40 | k 41 | k 42 | k 43 | k 44 |     | k 46 | k 47 | k 48 | k 49 | k 50 | k 51 | k 52 |
| Nursing Facility                                   |      |      |      |      |      |      |      |      |      |      |      |      |      |      |      |      |      |      |      |      | 1   |      |      |      |      |      |      |      |
| Non residential Substance Abuse Treatment Facility |      |      |      |      |      |      |      | 1    |      |      |      |      |      |      |      |      |      |      |      |      |     |      |      |      |      |      |      |      |
| Urgent Care Facility                               |      |      |      |      |      |      |      |      |      |      |      |      |      |      |      |      | 1    |      |      |      |     |      |      |      |      |      |      |      |
| On Campus Outpatient Hospital                      |      |      | 1    |      |      |      |      |      |      |      |      |      |      |      |      |      |      |      |      |      |     |      |      |      |      |      |      |      |
| Residential SUD                                    |      |      |      |      |      |      |      |      |      |      |      |      |      |      |      |      |      |      | 1    |      |     |      |      |      |      |      |      |      |
| Custodial Care Facility                            |      |      |      |      |      |      |      |      |      |      | 1    |      |      |      |      |      |      |      |      |      |     |      | 1    |      |      |      |      |      |
| Skilled Nursing Facility                           |      | 1    |      |      |      |      |      |      |      |      |      |      |      |      |      |      |      |      |      |      |     |      |      |      |      | 1    |      |      |
| School   |      |      |      |      |      |      |      |      |      |      |      |      |      |      | 1    |      |      |      |      |      |     |      |      |      |      | 1    |      |      |
| Homeless Shelter                                   |      |      |      |      |      |      |      |      |      |      |      |      |      |      |      |      |      |      |      |      |     |      |      | 1    | 1    |      | 1    | 1    |
| Unassigned   |      |      |      |      |      |      |      |      |      |      |      |      |      |      |      | 2    | 1    |      |      |      | 1   |      | 2    | 1    |      | 2    |      |      |
| Psych. Residential                                 |      |      |      |      | 1    |      |      |      |      | 1    | 1    |      | 1    |      | 1    | 1    | 1    | 1    |      |      |     |      |      |      |      | 1    |      |      |
| Community Mental Health Center                     |      | 1    |      | 2    |      |      | 1    |      |      | 1    |      |      |      | 1    |      | 2    | 1    | 1    |      |      |     | 1    |      |      | 1    |      |      |      |
| Telehealth   |      | 2    |      |      |      | 1    |      |      |      | 1    |      |      |      | 1    |      | 1    | 3    | 1    |      | 1    | 1   | 3    | 1    |      | 2    | 1    | 1    |      |
| ■ Office   | 1    | 1    |      | 2    | 5    | 3    | 2    | 1    | 1    |      | 3    | 2    | 2    |      | 1    | 2    | 2    | 2    |      | 1    | 1   | 2    | 1    | 2    |      | 2    |      |      |
| Group Home   | 2    | 4    | 1    | 4    | 1    |      | 3    | 5    |      |      | 1    | 3    |      | 3    | 2    | 2    | 3    |      | 2    | 2    | 2   |      | 1    | 1    | 3    | 2    |      |      |
| Assisted Living Facility                           |      | 5    | 4    | 3    | 7    | 7    | 4    | 3    | 3    | 3    | 5    | 2    | 2    | 3    | 3    | 1    | 2    | 1    |      | 1    | 1   | 1    | 1    | 1    | 1    | 3    |      |      |
| Inpatient Hospital                                 | 8    | 4    | 4    | 3    | 3    | 6    | 4    | 5    | 2    | 1    | 4    | 2    | 2    | 3    | 2    | 4    | 8    | 9    | 2    | 4    | 5   | 2    | 5    | 6    | 4    | 4    | 4    |      |
| Inpatient Psychiatric Facility                     | 9    | 10   | 5    | 12   | 12   | 6    | 8    | 13   | 6    | 11   | 4    | 7    | 7    | 7    | 9    | 15   | 5    | 11   | 10   | 3    | 16  | 10   | 16   | 8    | 12   | 7    | 6    |      |
| - Home   | 5    | 1    | 4    | 4    | 3    | 1    |      | 4    |      |      | 8    | 9    | 12   | 27   | 20   | 15   | 16   | 14   | 17   | 15   | 11  | 16   | 12   | 19   | 24   | 14   | 12   | 2    |
| Other Place of Service                             | 23   | 14   | 23   | 28   | 29   | 27   | 24   | 25   | 26   | 22   | 12   | 6    | 3    | 4    | 3    | 6    | 3    | 7    | 1    | 6    | 1   | 4    | 4    | 3    | 4    | 4    | 1    | 1    |
| Prison Correctional Facility                       | 17   | 11   | 15   | 10   | 8    | 21   | 16   | 20   | 18   | 22   | 17   | 7    | 19   | 10   | 13   | 13   | 22   | 12   | 13   | 14   | 8   | 19   | 14   | 10   | 17   | 14   | 16   | 3    |
| Emergency Room Hospital                            | 32   | 34   | 42   | 33   | 37   | 36   | 32   | 31   | 48   | 27   | 49   | 29   | 35   | 21   | 31   | 36   | 38   | 36   | 36   | 38   | 37  | 50   | 25   | 27   | 43   | 40   | 32   | 6    |

